

ELEVATE LEADERSHIP RETREAT

AGENDA

Arrive on Tuesday the 16th for a welcome dinner, pick up your gift bags, and join your fellow Elevate Retreaters for an unparalleled experience where you'll connect, grow, and elevate your leadership in ways you never thought possible.

DAY 1 - TUESDAY, APRIL 16TH

Time	Description
5:00 PM - 7:00 PM	Day one of the retreat kicks off with a warm and inviting Check-in and Welcome Dinner. Meet us at SOL By The Sea.

DAY 2 - WEDNESDAY, APRIL 17TH

Time	Description	Presenter
8 AM - 10 AM	VIP Breakfast, Welcome & Retreat Opening	
10 AM - 12:00 PM	Opening Keynote: How Women Leaders Find Their Voices and Break Barriers	Dr Carrie Arnold
12:00 PM - 1:00 PM	Lunch- Buffet	
1:00 PM - 3:00 PM	Talk the Talk: How to Have Every Kind of Conversation at Work. Snacks Included.	Brenda Abdilla
4:00 PM - 5:00 PM	Beach Yoga	Yoga Instructor
6:00 PM - 7:30 PM	Mastermind Dinner (instructions to follow)	

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DAY 3 - THURSDAY, APRIL 18TH

Time	Description	Presenter
8:30 AM - 10 AM	Breakfast, Placemat Exercise & Debriefs of day 1	
10:00 AM - 12:00 PM	Motivational Maps Session	Brenda & Stephanie
12:00 PM - 1:00 PM	Lunch- Buffet	
1:00 PM - 3:00 PM	Team Performance, Culture & Change Readiness.	Stephanie Wachman
3:00 PM - 3:30 PM	Break	
3:30 PM - 4:30 PM	Burnout and Table Topics- Forum Style	
4:30 PM - 6:00 PM	Vision boards & Cocktails Session	
6:30 PM	Dinner on your own	

DAY 4 - FRIDAY, APRIL 19TH

Time	Description	
8 AM - 9:30 AM	Breakfast on the Balcony, Wrap Up & Goodbyes	