

ELEVATE LEADERSHIP RETREAT

AGENDA

Arrive on Tuesday the 16th for a welcome dinner, pick up your gift bags, and join your fellow Elevate Retreaters for an unparalleled experience where you'll connect, grow, and elevate your leadership in ways you never thought possible.

DAY 1 - TUESDAY, APRIL 16TH

Time	Description
4:00 PM - 6:00 PM	Day one of the retreat kicks off with a warm and inviting Check-in and Welcome Dinner.

DAY 2 - WEDNESDAY, APRIL 17TH

Time	Description	Presenter
8 AM - 10 AM	VIP Breakfast & Registration	
10 AM - 12:30 PM	Opening Keynote: How Women Leaders Find Their Voices and Break Barriers	Dr Carrie Arnold
12:30 PM - 1:30 PM	Lunch	
2:00 PM - 4:00 PM	Talk the Talk: How to Have Every Kind of Conversation at Work	Brenda Abdilla
5:00 PM - 5:45 PM	Beach Yoga	
6:15 PM - 7:30 PM	Mastermind Dinner	

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DAY 3 - THURSDAY, APRIL 18TH

Time	Description	Presenter
9 AM- 10 AM	Breakfast & Placemat Exercise	
10:30 AM - 12:30PM	Motivational Maps Debrief	
12:30 PM - 1:30 PM	Lunch	
1:30 PM - 3:30 PM	Team Performance & Change Readiness	Stephanie Wachman
4:00 PM - 4:30 PM	Burnout and Moving Forward	
4:30 PM - 6:00 PM	Vision boards & Cocktails Session	
6:30 PM	Dinner on your own	

DAY 4 - FRIDAY, APRIL 19TH

Time	Description	
8 AM - 9:30AM	Breakfast on the Balcony	